

Today

DATE _____

TOP 3 PRIORITIES

IF EVERYTHING IS A PRIORITY, NOTHING IS

01

02

03

SCHEDULE

6 AM – 10 PM

6 AM	
7 AM	
8 AM	
9 AM	
10 AM	
11 AM	
12 PM	
1 PM	
2 PM	
3 PM	
4 PM	
5 PM	
6 PM	
7 PM	
8 PM	
9 PM	
10 PM	

TO-DO

UNFINISHED? CARRY IT TO TOMORROW

☐☐☐☐☐☐☐☐☐

HABITS

DONE TODAY

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NOTES

REFLECTION

HOW DID TODAY GO? WHAT DID YOU LEARN?
